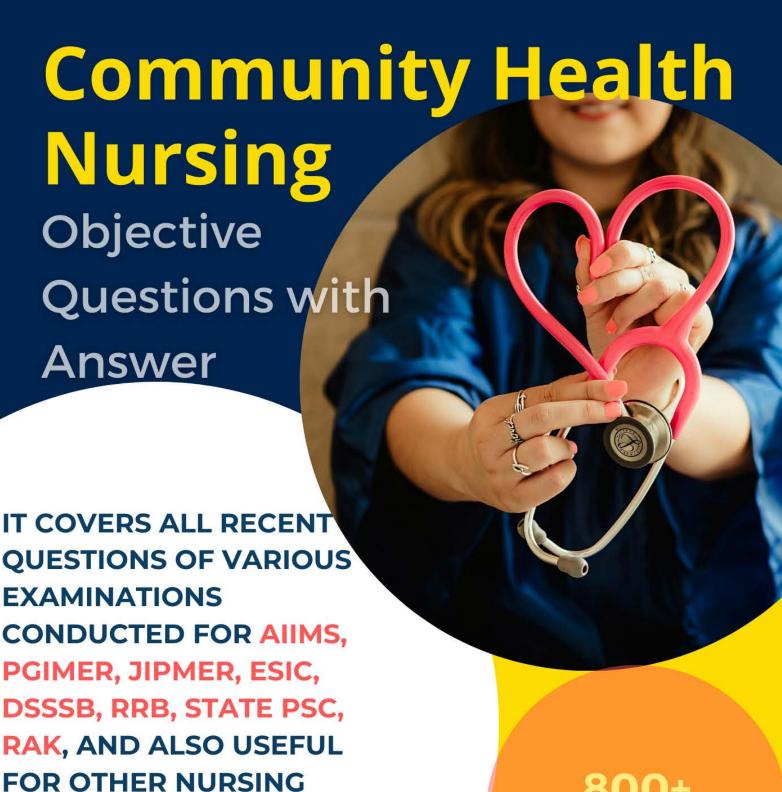
REVISED EDITION ACCORDING TO NEW EXAMINATION PATTERN



OFFICER EXAMS.

800+ MCQs

Q1. Bagassosis is caused by inhal	ation of:	
(a) Sugarcane dust	(b) Cotton dust	
(c) Jute dust	(d) coal dust	
		Ans: (a)
Q2. Lead is widely used in variety properties except	y of industries becaus	se of its
(a) low boiling point	(b) anti corrosive	
(c) non oxidizing	(d) mixes with other i	material easily
		Ans: (c)
Q3. Appearance of burton's line	in Lead poisoning	
(a) Bluish purple line on gums	(b) greenish coating o	on gums
(c) brown stains on teeth	(d) pale pinkish gums	
		Ans: (a)
Q4. Strategies to prevent occupa	tional dermatitis incl	udes
(a) Pre- Selection examination	(b) application	of barrier creams
(c) use of protective equipment and peabove	eriodic health checkup	(d) all of the
		Ans: (d)
Q5. The act that is recommended women in factory	for prevention of cr	eches for
(a) ESI act 1948	(b) The India mines a	act 1923
(c) The Factories Act 1976	(d) CGHS	

				Ans: (c)
Q6. ESI act 19 4	18 was last a	mended in the	year	
(a) 2008	(b) 1998	(c) 1989	(d) 2010	
				Ans: (d)
Q7. Role of occ	cupational h	ealth nurse inc	ludes the followi	ng except
(a) prevention of	workplace acc	cidents and injuri	es	
(b) promotion of	Health and w	ork ability		
(c) improving en	nvironmental h	ealth for occupat	ional health worker	rs .
(d) Improve the j	productivity o	utcome of worker	s	
				Ans: (d)
Q8. Internatio	nal Labour (Organisation is	situated in	
(a) Geneva		(b) Der	nmark	
(c) Scotland		(d) Uni	ted States of Ameri	ca
				Ans: (a)
		-	entage of wages l under ESI act	for the
(a) 1.75%		(b) 4.75	5%	
(c) 2.35%		(d) 3.75	5%	
				Ans: (b)
Q10. Tryptoph	an is presen	t in all except		
(a) Maize		(b) Che	eese	

(c) chicken		(d) fish		
				A (a)
011 0-1	• 4-1 - 64	.1.911 1		Ans: (a)
QII. Calorie	intake of 1 year	child per kg is		
(a) 100		(b) 200		
(c) 300		(d) 400		
				Ans: (a)
Q12. Maximu following	um amount of v	itamin D is pre	esent in a	mong the
(a) liver	(b) egg yolk	(c) cheese	(d) cod	l liver oil
				Ans: (d)
Q13. Phosph	atase test is use	d		
(a) to test the p	presence of nitric	acid		
(b) to determine	ne the type of met	hemoglobinemia,	, a blood d	isorder
(c) Test for effi	icacy of Pasteuriza	ntion of Milk		
(d) None of the	e above			
				Ans: (c)
Q14. 3D's (D deficiency di		tia,dermatitis)	Are the o	characteristic of
(a) Niacin	(b) Thiamine	(c) Ribo	flavin	(d) Biotin
				Ans: (a)
O15 Which i	is the hest test to	n detect iron de	aficiancy	

(a) ferrous sulp	hate	(b) serum ferri	tin	
(c) serum iron		(d) hemoglobir	1	
				Ans: (b)
010 A	-:-1 -1 - 6 -:	•1-4 •		71115. (b)
Q16. Amino a	cid deficient in we	ignt is		
(a) Leucine	(b) Methionine	(c) Lysine	(d) Cystine	
				Ans: (c)
Q17. ASHA (A	accredited social h	ealth activist) wo	rkers are	
functioning a	t			
(a) Community	health	(b) villag	e level	
(c) PHC level		(d) distri	ct level	
				Ans: (b)
	. 11	.4		
	ollowing compone of socio-economic		uppuswamy	•
(a) Family incom	me	(b) educa	tion	
(c) occupation		(d) numb	er of children	
				Ans: (d)
010 0 41. 4	1.1.	C J. 4 4		A113. (u)
	lidine test is used t		••	
(a) chlorine		(b) silver		
(c) oxygen		(d) ammo	onia	
				Ans: (a)
				` '

Q20. Which of the following viral infections is transmitted by tick?

(a) Japanese encephalitis	(b) dengue fever
(c) Kyasanur forest disease	(d) yellow fever
	Ans: (c)
Q21. Name the classification developed	by WHO for disability
(a) International classification of functioning,	disability and health
(b) Kuppuswamy classification	
(c) NYHA classification	
(d) FAB classification	
	Ans: (a)
Q22. Kala azar is transmitted by	
(a) Aedes mosquito	(b) tsetse fly
(c) Sand fly	(d) mice
	Ans: (c)
Q23. Which disease condition is transm	itted by Aedes mosquito?
(a) dengue fever	(b) Chikungunya
(c) yellow fever	(d) all of the above
	Ans: (d)
Q24. Koplik's spots are seen in:	
(a) Rubella	(b) measles
(c) Chikungunya	(d) chicken pox

				Ans: (b)
Q25. Prima	ry Health Care	is		
(a) health for	r all			
(b) health for	r those who are in	need		
(c) health for	an area of 30000) population		
(d) health for	r children attendii	ng primary school	I	
				Ans: (a)
Q26. Follov	wing are the ele	ments of Prima	ary Health Care	except
(a) health education (b) intersectoral coordination		ntion		
(c) cost effectiveness (d) p		(d) pro	vision of essential	drugs
				Ans: (c)
Q27. Causa	tive organism o	of AIDS		
(a) rabies vir	rus	(b) CMV	
(c) retrovirus	S	(d) adenovirus	
				Ans: (c)
Q28. Unive	ersal immunizat	tion program w	as launched in t	the year of
(a) 1974	(b) 1978	(c) 1985	(d) 1992	
				Ans: (c)
Q29. Mid d	ay meal progra	mme started in	year?	
(a) 1960	(b) 1961	(c) 1995	(d) 2001	

				Ans: (b)
Q30. Live va	ccine is			
(a) DPT	(b) Hepatitis B	(c) TT	(d) BCG	
				Ans: (d)
Q31. Oral rel	ydration solutio	on does not contain	n	
(a) sodium chlo	oride	(b) calci	ium lactate	
(c) Bicarbonate	e	(d) gluc	ose	
				Ans: (b)
Q32. The Wo	orld Health Orga	nization day is		
(a) 7th April	(b) 4th may	(c) 17th August	(d) 1st Dec	ember
				Ans: (a)
Q33. Grey ba	by syndrome is	caused by		
(a) Chloramph	enicol	(b) Amp	ohotericin B	
(c) vancomycir	ı	(d) tetra	acyclines	
				Ans: (a)
	sponse from a nu contraceptive pil	ırse to the woman ll?	who missed	single
(a) take the mi	ssed pill now and c	ontinue the course		
(b) take two pil	lls the next day and	continue with the co	ourse	
(c) discontinue	the course because	e OCP has no more ef	fect	
(d) use barrier	technique			

					Ans: (b)
	ong the followied with mumps		ify the most	common	complication
(a) Aseptio	c meningitis		(b) r	nastitis	
(c) Orchidites			(d) (Oophoritis	
					Ans: (a)
Q36. Wh	ich of the follo	wing age	ent is respon	sible for l	Bagassosis?
(a) Smoke	(b) silica	(0	e) sugarcane du	ıst	(d) coal
					Ans: (c)
Q37. Whi	ich of the follo	wing is t	he early sign	of Lepro	sy?
(a) loss of	sensation		(b) l	esions ove	r the skin
(c) thicker	ned painful nerve		(d) s	sinking of t	he nose bridge
					Ans: (c)
Q38. All t except	the vaccines ar	e the na	tional immu	nization s	schedule
(a) BCG	(b) penta	valent	(c) pneum	ococcal	(d) OPV
					Ans: (c)
Q39. Con	nmon side effe	ct of cop	per-T is		
(a) pain	(b) bleeding	(c) vagi	nal discharge	(d) pelvio	cinflammation

Ans: (b)

Q40. Health surv	ey and developi		e is also kild	wii as:	
(a) Bhore committee	e	(b) Chadah committee			
(c) Srivastav commit	ttee	(d) Mukł	(d) Mukherjee committee		
				Ans: (a)	
Q41. DOTS is for	condition				
(a) Tuberculosis	(b) Leprosy	(c) malaria	(d) HIV		
				Ans: (a)	
Q42. Rabies free	zone in India is				
(a) Goa		(b) Lakshadweep			
(c) Arunachal Pradesh		(d) Tamil Nadu			
				Ans: (b)	
Q43. Guthrie Test	t is useful for sc	reening			
(a) pomp's disease		(b) Phen	ylketonuria		
(c)Thalassemia		(d) haemophilia			
				Ans: (b)	
Q44. Which of the in pregnancy?	e following ATT	drug is absolut	ely contrai	ndicated	
(a) Pyrazinamide	(b) Rifampicin	(c) streptomycia	n (d) ethaml	butol	
				Ans: (c)	
Q45.Continuous v	vomiting can lea	ad to			

(a) respiratory a	cidosis	(b) 1	respiratory alkalosis	5
(c) Metabolic acidosis		(d) 1	metabolic alkalosis	
				Ans: (d)
Q46. Monday	fever is known	as		
(a) Bagassosis	(b) Byssinosis	(c) Asbestosis	(d) COPD	
				Ans: (b)
Q47. Among tl	he following se	condary prever	ntion of TB is	
(a) BCG vaccinat	tion	(b) I	DOTS treatment	
(c) health educat	tion	(d) s	sputum testing	
				Ans: (b)
Q48. Scotch ta	ape swab is use	ed to identify		
(a) tapeworm		(b) _I	pinworm	
(c) Anquilostom	a	(d) ((d) Cryptosporidium	
				Ans: (b)
Q49. Amebias	is is transmitte	ed through rout	æ	
(a) Feco-oral		(c) vector-borne		e
, ,	, ,	``	, ,	
				Ans: (a)
Q50. Lepromi	n test is used to	o diagnose		. (-9
(a) leprosy	(b) malaria	(c) TV	(d) HIV/AIDS	
(=) 10P1 00J	(3) 111111111	(-) - •	(3) 111 1/11110	

			Ans: (a)
Q51. Interna	ational health regula	ntions is subjecte	ed to
(a) plague	(b) yellow fever	(c) cholera	(d) all the above
			Ans: (d)
•	eliable indicator to i rs children in comm	•	itional status in
(a) Mid arm c	ircumference	(b) weigl	nt for age
(c) weight for	height	(d) BMI	
			Ans: (a)
•	escription of oral pill ne following except	ls to the user, th	e health worker will
(a) Number o	f live children	(b) Calf t	enderness
(c) Headache		(d) Swell	ling of feet
			Ans: (a)
Q54. Absolu	ite contraindication	to the OCP inclu	ıdes
(a) Thromboe	embolism	(b) Liver	disease
(c) Ca breast		(d) All o	f the above
			Ans: (d)
Q55. Stainir	ng technique used to	diagnose TB is l	known as:
(a) Ziehl-Neel	lsen stain	(b) Gram	n stain
(c) Giem stair	1	(d) PAS	

		Ans: (a)
Q56. Father of epidemiology is:		
(a) John snow	(b) Joseph L	ister
(c) Karl Landsteiner	(d) Robert H	ook
		Ans: (a)
Q57. Chemical components of Mal	a-D are	
(a) D-Norgestrel and Ethinyl Estradiol	(b) D-norgestrel ar	nd progestogen
(c) Progestogen	(d) Norethisterone	Acetate
		Ans: (a)
Q58. Measles vaccine is administe	red by:	
(a) Intradermal route	(b) Intravend	ous route
(c) Oral route	(d) Subcutan	eous route
		Ans: (d)
Q59. The human resource availabl	e in sub-centre is	::
(a) Multi-purpose health workers	(b) Physiciar	ı
(c) Anganwadi worker	(d) Medical o	officer
		Ans: (a)
Q60. The mosquito that lays eggs s	singly:	
(a) Aedes (b) Anopheles	(c) Culex (d) Mansonia

Ans: (b)

Q61. Wh	ich Vitamin is los	t during polishing o	of rice?	
(a) B12	(b) Thiamine	(c) Vitamin A	(d) Vitamin K	
			A	Ans: (b)
Q62. Mas	ss prophylaxis is	used in all EXCEPT		
(a) Rabies	(b) Lymphat	ic filariasis (c) Tr	achoma (d) Mala	aria
			Ą	Ans: (a)
Q63. Qua	arantine stands fo	or		
(a)Time p	eriod between infect	ion and confirmatory o	liagnosis	
(b) time p	eriod between diagn	osis and initiation of t	reatment	
(c) time po	eriod between infect	ion and multiplication	of organism	
(d) longes	t incubation period			
			Α	Ans: (d)
Q64. Pre known a		ctors related to a di	sease condition is	S
(a) primo	rdial prevention	(b) pr	imary prevention	
(c) second	ary prevention	(d) te	rtiary prevention	
			A	ns: (a)
Q65. Sen	tinel surveillance	e is used to		
(a) Know	the total number of	affected people		
(b) Know	the hidden cases in t	the community		

(c) compare the incidence

(d) major incide	nce and prevalen	ce		
				Ans: (b)
Q66. Which of pregnancy?	the following	vaccine is cont	raindicated in	
(a) rubella	(b) measles	(c) varicella	(d) all the above	
				Ans: (d)
Q67. ASHA wo	rkers perform	ance is monito	red through	
(a) number of de	eliveries attended	(b) Numb	er of home visits d	one
(c) Reduction in	IMR	(d) numb	er of training hours	s attended
				Ans: (c)
Q68. In health includes	care delivery	system Grass r	oot level worker	s
(a) Anganwadi w	orkers	(b)	ASHA	
(c) village health	guide	(d)	all the above	
				Ans: (d)
Q69. Spread or country to cou			ss a large region	
(a) endemic	(b) epidemic	(c) episodic	(d) pandemic	
				Ans: (d)
Q70. Which of diseases in chi	_	diseases are ki	nown as six kille	r

(a) Whooping cough, yellow fever, hepatitis, TB, smallpox, Tetanus

(b) Diphth	eria, whooping cough, mea	sles, pol	lio, TB, tetanus	5
(c) Diphth	eria, yellow fever, TB, lepro	sy, mala	aria, cholera	
(d) Whoop	oing cough, diphtheria, Mal	aria, sm	allpox, TB, chi	ckenpox
				Ans: (b)
Q71. Dise	ases which are transmi	tted by	water and f	ood are called as
(a) vector-	borne		(b) Airborne	
(c) fomite-	borne		(d) Vehicle-b	orne
				Ans: (d)
Q72. Cold	l chain system is the pro	ocess o	f preserving	
(a) blood s	pecimen for malarial paras	ites	(b) chemothe	erapeutic agents
(c) sputum	n specimens		(d) vaccines	
				Ans: (d)
Q73. Whi in male?	ich of the following is th	e term	inal method	of contraceptive
(a) IUD	(b) Chemical methods	(c) v	asectomy	(d) condom
				Ans: (c)
074. The	subjective component of	nf well.	heing is refe	
-	_		· ·	
· ·	al quality of life	•	uantity of wor	
(c) quantit	y of life	(d) s	tandard of livi	ng
				Ang. (a)
				Ans: (c)

Q75. Health means absence of disease is the concept of				
(a) biomedical	(b) ecology	(c) holistic	(d) psychosocial	l
				Ans: (a)
Q76. Tear out	by roots in th	e literal meani	ng of	1 11101 (u)
(a) Elimination		(b) erad	lication	
(c) isolation		(d) tran	smission	
				Ans: (b)
Q77. Which of protein?	f the following	g foods is accep	oted as a referenc	e
(a) Cows milk		(b) hen'	s egg	
(c) Human milk		(d) Soyl	oean	
				Ans: (b)
Q78. In Simme	ering, the foo	d is preferred		
(a) at boiling point		(b) above boiling point		
(c) below boiling point		(d) in no	ormal water	
				Ans: (c)
Q79. Child survival and safe motherhood (CSSM)program was replaced by which program in India?				
(a) MCH	(b) NRHM	(c) RCH	(d) ICDS	
				Ans: (c)
Q80. Which is the theme for 2016 World Health Day?				

(a) Halt the rise: beat diabetes

(b) Food safety	
(c) vector borne diseases: small bite	e, big threat
(d) Healthy heart beat, healthy bloo	od pressure
	Ans: (a)
Q81. The following diseases carexcept	n be transmitted by water and food
(a) Hepatitis C	(b) hepatitis A
(c) cholera	(d) poliomyelitis
	Ans: (a)
- ·	ich emphasizes that health is a sound nd family in a sound environment is
(a) ecological concept	(b) physical concept
(c) psychological concepts	(d) Holistic concept
	Ans: (d)
Q83. Providing health education to the community people is an	on about the environmental hygiene example of
(a) social communication	(b) structural communication
(c) therapeutic communication	(d) formal communication
	Ans: (b)
Q84. The agent factor responsi	ible for the occurrence of the disease
A. biological and physical agei	nts

B. mechanical and chemical agents

C. vertical a	nd inoculation	agents		
D. Nutrient a	and living agen	ts		
(a) A, B, C	(b) B, C, D	(c) A, B, D	(d) A, C, D	
				Ans: (c)
Q85. The pri	nciples of Prim	ary Health Ca	are includes	
A. Equitable	distribution			
B. communi	ity participatio	n		
C. coverage	and accessibili	ty		
D. appropri	ateness and co	ntinuity		
(a) A, B, C	(b) B, C, D	(c) A, C, D	(d) A, B, C, D	
				Ans: (a)
-	lowing are the b		ale health worke	rs as a
(a) Conduct su	rvey of the sub ce	enter and mainta	ain record of all fam	ilies
(b) provide nu	trition advice and	immunization	to mothers and chil	dren
(c) maintain in	nformation of or v	ital events		
(d) promote he	ealth education ac	ctivities		
				Ans: (b)
=	of the following through milk?	g infection of a	animals primaril	y can be
(a) Tuberculos	is (b) deng	ue (c) pla	gue (d) lepto	spirosis
				Ans: (a)

Q88. Which of the following is at sub- centre?	not a conten	nt of drug kit A provided
(a) Oral rehydration salt	(b) tab co	otrimoxazole
(c) Tablet Paracetamol	(d) Vitan	nin a solution
		Ans: (c)
Q89. Scabies is a/ an		
(a) non communicable disease	(b) conta	gious disease
(c) Bacterial infection	(d) funga	al infection
		Ans: (b)
Q90. The obligate reference to	the	
(a) Host in which the parasite remains	in is asexual	(b) Temporary host
(c) only host		(d) multiple hosts
		Ans: (c)
Q91. The constant presence of area without any external inpu		
(a) epidemic		
(b) endemic		
(c) pandemic		
(d) sporadic		

Q92. Sporadic means

Ans: (b) endemic

(a) sudden outbreak of disease in a given area

- (b) infectious disease that has spread through human populations across a large region; for instance multiple continents, or even worldwide
- (c) Disease occurs at irregular intervals are only in few places in scattered or isolated manner
- (d) The constant presence of infection in a given geographical area without any external input

Ans: (c) Disease occurs at irregular intervals are only in few places in scattered or isolated manner

Q93. The continuous, Systematic collection, analysis and interpretations of health-related data needed for the planning, implementation, and evaluation of Public Health practice is known as

- (a) Incidence
- (b) monitoring
- (c) surveillance
- (d) community assessment

Ans: (c) surveillance

Q94. Incubatory carrier is

- (a) a person capable of transmitting an infectious agent through other during the incubation Period of the disease
- (b) A person who is continue to shed disease-causing agent during the period of recovery
- (c) A person or other organism that has contracted and infectious disease but who displays no symptoms. Although affected by the disease themselves Carriers can transmit it to others
- (d) A person who carry microorganism

Ans: (a) a person capable of transmitting an infectious agent through other during the incubation Period of the disease

Q95. Mode of spread of whooping cough is

(a) Direct contact

- (b) droplet infection
- (c) fomite
- (d) water borne

Ans: (b) droplet infection

Q96. Which of the following is the method of transmission of infection by vector?

- (a) Biting
- (b) Regurgitation
- (c) scratching in of infective faces
- (d) all of the above

Ans: (d) all of the above

Q97. The maximum size of droplet nuclei that can be inhaled into alveoli of lungs is

- (a) 1-2 microns
- (b) 1-5 microns
- (c) 5-7 microns
- (d) 7-10 microns

Ans: (b) 1-5 microns

Q98. Immunity acquired through natural infection is

- (a) artificial active immunity
- (b) hard immunity
- (c) natural active immunity
- (d) specific human immunity

Ans: (c) natural active immunity

Q99. BCG is

(a) live attenuated vaccine

(b) inactivated vaccine (c) killed vaccines (d) toxoids Ans: (a) live attenuated vaccine Q100. Influenza- A (H1N1) vaccine was approved in the year (a) 2009 (b) 2010 (c) 2012 (d) 2004 Ans: (a) 2009 Q101. Smallpox was eradicated from the world in the year (a) 1980 (b) 1981 (c) 1982 (d) 1983 Ans: (a) 1980 Q102. Polyvalent vaccine means (a) single strain of single microorganism (b) two or more strains of same microorganism (c) antibody of single microorganism (d) none of the above Ans: (b) two or more strains of same microorganism Q103. Negri bodies are found in which disease condition?

(a) Rabies

(b) measles

- (c) mumps
- (d) Pertussis

Ans: (a) Rabies

Q104. In cold chain process the walk in cold rooms stores vaccine upto months

- (a) 4 months
- (b) 6 months
- (c) 3 months
- (d) 1 months

Ans: (c) 3 months

Q105. Expansion of BCG vaccine is

- (a) bacillus calmette -guerin
- (b) bacillus calmette- guereo
- (c) Bacilli calamette -Guerreror
- (d) Bacilli calamette -Gurein

Ans: (a) bacillus calmette -guerin

Q106. Measles vaccine are stored in part of refrigerator

- (a) chilled tray
- (b) deep freezer
- (c) tray below the freezer
- (d) Shelves in the door

Ans: (b) deep freezer

Q107. Which of the following vaccine is contraindicated during pregnancy?

- (a) MMR
- (b) Hepatitis B

- (c) DPT
- (d) DT

Ans: (a) MMR

Q108. Administrations of readymade antibody creates

- (a) active acquired immunity
- (b) passive acquired immunity
- (c) active natural immunity
- (d) passive natural immunity

Ans: (b) passive acquired immunity

Q109. The other name of pertussis is

- (a) rubella
- (b) whooping cough
- (c) rubeola
- (d) diphtheria

Ans: (b) whooping cough

Q110. Symmetrical Unilocular rashes firstly appearing from trunk and then on face, arms and legs is a characteristic of disease

- (a) Smallpox
- (b) measles
- (c) chicken pox
- (d) rubella

Ans: (c) chicken pox

Q111. Measles vaccine is

- (a) live viral vaccine
- (b) live bacterial vaccine

(c) killed vaccine (d) Toxoid Ans: (a) live viral vaccine Q112. Koplik's Spot are the clinical feature of (a) Measles (b) Pertussis (c) Chicken pox (d) rubella Ans: (a) Measles Q113. What type of toxin is produced by clostridium tetani? (a) Exotoxin (b) Endotoxin (c) Organic toxin (d) Inorganic toxin Ans: (a) Exotoxin Q114. Rabies is caused by a virus called: (a) Filarial (b) Lyssavirus type 1 (c) Myxovirus (d) Adenovirus Ans: (b) Lyssavirus type 1 Q115. Boiling water helps in killing all organisms EXCEPT (a) Fungi (b) Bacteria (c) Protozoa

- (d) Spores
- Ans: (d) Spores

Q116. The another name for leprosy is:

- (a) Hansen's disease
- (b) Anderson's diseases
- (c) Chagas disease
- (d) Slim's disease

Ans: (a) Hansen's disease

Q117. The last known natural case of smallpox was reported in the world in

- (a) 1977
- (b) 1978
- (c) 1979
- (d) 1980

Ans: (a) 1977

Q118. Which of the following viral infections is transmitted by ticks?

- (a) Japanese encephalitis
- (b) dengue fever
- (c) Kyasanur forest disease
- (d) Yellow fever

Ans: (c) Kyasanur forest disease

Q119. DDT is a

- (a) contact poison
- (b) CNS poison
- (c) stomach poison

(d) none of the above

Ans: (a) contact poison

Q120. Which of the following methods is safe for disposal of Mercury?

- (a) bury under Earth
- (b) collect carefully and reuse
- (c) autoclaving and discard
- (d) treat with chemical

Ans: (b) collect carefully and reuse

Q121. Strategies of Leprosy eradication program includes all of the following except

- (a) early detection and complete treatment of new leprosy cases
- (b) early diagnosis and promote MDT, through routine and special effects
- (c) Strengthening of disability prevention and medical rehabilitation services
- (d) centralized leprosy services through dedication hospital for leprosy treatments

Ans: (d) centralized leprosy services through dedication hospital for leprosy treatments

Q122. Mumps prevents with a clinical features of

- (a) fever with enlargement of thyroid glands
- (b) fever with non supportive enlargement of one or both parotid glands
- (c) Fever with supportive enlargement of parotid glands
- (d) Fever cough and enlargement of submandibular glands

Ans: (b) fever with non supportive enlargement of one or both parotid glands

Q123. An infection which is present in an individual but not sufficient to result in a disease is called as

(a) latent infection

- (b) clinical infection
- (c) subclinical infection
- (d) secondary infection

Ans: (c) subclinical infection

Q124. Rooming in practice means keeping mother and infant together

- (a) for 24 hours a day
- (b) for 8 hours
- (c) whenever baby demands for feeding
- (d) whenever infant becomes hypothermic

Ans: (a) for 24 hours a day

Q125. Exclusive breastfeeding helps mother in except

- (a) prevention of cervical cancer
- (b) prevention of breast cancer
- (c) act as a contraceptive method
- (d) help in quick and early involution of uterus

Ans: (a) prevention of cervical cancer

Q126. Prolactin reflex in mother causes

- (a) ejection of milk
- (b) production of milk
- (c) suppression of milk production
- (d) storage of milk

Ans: (b) production of milk

Q127. Baby with birth weight of 1000-2000 gram are termed as

(a) low birth weight babies

- (b) very low birth weight babies
- (c) small for date baby
- (d) extremely low birth weight babies

Ans: (b) very low birth weight babies

Q128. Vitamin K at birth is administered to among..... newborns.

- (a) Prevent excessive bleeding
- (b) increase immunity
- (c) prevent infection
- (d) correct malnutrition

Ans: (a) Prevent excessive bleeding

Q129. Warm chain means

- (a) drying the baby
- (b) Establishing skin to skin contact with mother and immediate initiation of breastfeeding
- (c) warm Resuscitation and warm transportation
- (d) All of the above

Ans: (d) All of the above

Q130. Apgar score of 4-6 of newborn indicates

- (a) severe depression
- (b) Mild depression
- (c) moderate depression
- (d) no depression

Ans: (b) Mild depression

Q131. Normal umbilical cord contains

(a) 1 arteries and 2 veins

(a) primordial prevention (b) health protection (c) specific protection (d) disability limitation Ans: (c) specific protection Q397. Which of the following disease is caused by deficiency of thiamine? (a) Wernicke's encephalopathy (b) Cheilosis (c) Pellagra (d) All of the above Ans: (a) Wernicke's encephalopathy Q398. Deficiency of which of the following vitamin causes beriberi? (a) Thiamine (b) Vitamin C (c) vitamin E (d) Vitamin D Ans: (a) Thiamine Q399. Level of prevention that includes specific protection is (a) primordial (b) primary (c) secondary (d) tertiary Ans: (b) primary

Q400. National family health survey done in every year

(a) 6 months (b) 1 year (c) 5 years (d) 10 years Ans: (c) 5 years Q401. Screening of the disease in which type of prevention? (a) primordial prevention (b) primary prevention (c) secondary prevention (d) tertiary prevention Ans: (c) secondary prevention Q402. Disability limitation in which mode of prevention? (a) primordial prevention (b) primary prevention (c) secondary prevention (d) tertiary prevention Ans: (d) tertiary prevention Q403. Which of the following is also called as epidemic parotitis? (a) Measles (b) chicken pox (c) mumps (d) pertussis Ans: (c) mumps Q404. Which one of the following is not a socio economic indicator? (a) literacy rate

(b) family size (c) housing (d) life expectancy at birth Ans: (d) life expectancy at birth Q405. Census population count is in reference to (a) 1st March (b) 1st July (c) 30th June (d) 1st January Ans: (a) 1st March Q406. Chemoprophylaxis is level of prevention (a) primary (b) secondary (c) tertiary (d) Quaternary Ans: (a) primary Q407. Kaplan Meier method is for? (a) survival (b) incidence (c) prevalence (d) frequency Ans: (a) survival Q408. Census is conducted in every...... years in India (a) 10 (b) 25

- (c) 15
- (d) 20

Ans: (a) 10

Q409. Example of a water borne disease is

- (a) Malaria
- (b) cholera
- (c) tuberculosis
- (d) rabies

Ans: (b) cholera

Q410. Which of the following disease can be diagnosed by mantoux test?

- (a) Diphtheria
- (b) tuberculosis
- (c) pertussis
- (d) Mumps

Ans: (b) tuberculosis

Q411. Nosocomial infections are those which develop

- (a) within 24 hours after hospitalization
- (b) within 48 hours of hospitalization
- (c) after 48 hours of hospitalization
- (d) after 7 days of hospitalization

Ans: (c) after 48 hours of hospitalization

Q412. Time between infection and maximum infectivity is known as

- (a) incubation period
- (b) serial interval

- (c) generation time
- (d) communicable period

Ans: (c) generation time

Q413. Quarantine period should be

- (a) minimum incubation period
- (b) maximum incubation period
- (c) Period of communicability
- (d) median incubation period

Ans: (b) maximum incubation period

Q414. Chemoprophylaxis can be done for the following except

- (a) meningitis
- (b) typhoid
- (c) cholera
- (d) diphtheria

Ans: (b) typhoid

Q415. Cold chain system is the process of

- (a) storing blood specimen for MP & MF
- (b) Refrigerating chemotherapeutic agents
- (c) storing sputum specimens
- (d) preserving vaccines

Ans: (d) preserving vaccines

Q416. ILR is a part of

- (a) sterilization procedure
- (b) disinfection procedure
- (c) cold chain

- (d) drug transport
- Ans: (c) cold chain

Q417. ILR designed for

- (a) storing vaccines
- (b) incubating culture medias
- (c) sterilization of rubber gloves
- (d) disinfection of sharp materials

Ans: (a) storing vaccines

Q418. Which of the following is a diarrheal preventive vaccine?

- (a) DPT vaccine
- (b) retro virus vaccine
- (c) MMR vaccine
- (d) hepatitis B

Ans: (b) retro virus vaccine

Q419. OPV is a

- (a) Live vaccine
- (b) live attenuated vaccine
- (c) killed vaccine
- (d) Toxoid

Ans: (b) live attenuated vaccine

Q420. Salk vaccine is a

- (a) Live vaccine
- (b) live attenuated vaccine
- (c) killed vaccine
- (d) Toxoid

- (b) 28 contraceptive pills and 5 iron pills
- (c) 23 contraceptive pills and 5 iron pills
- (d) 14 contraceptive and 14 iron pills

Ans: (a) 21 contraceptive in 7 iron pills

Q662. Stratified sampling is ideal for

- (a) Heterogeneous data
- (b) Homogenous data
- (c) Both
- (d) None

Ans: (a) Heterogeneous data

Q663. The dose of ethinyl estradiol in Mala-N is

- (a) 20 ugm
- (b) 30 ugm
- (c) 50 ugmq
- (d) 100 ugm

Ans: (b) 30 ugm

Q664. Hormonal contraceptive of choice in lactating women is

- (a) combined pill
- (b) multiphasic pill
- (c) mini pill
- (d) Centchroman

Ans: (c) mini pill

Q665. Schedule of administration of mini pill containing 75 microgram of desogestrel for contraception is

(a) Once a day pill for 3 month +7 day pill free interval

- (b) Once a day pill for 2 month +7 day pill free interval
- (c) Taken for 21 days with 7 days pill free interval
- (d) Taken for 28 days with no days pill free interval

Ans: (d) Taken for 28 days with no days pill free interval

Q666. DMPA is an injectable contraceptive given every

- (a) 2 weeks
- (b) 2 months
- (c) 2 years
- (d) 3 months

Ans: (d) 3 months

Q667. Which of the following natural method of contraception is most effective

- (a) Calendar method
- (b) billing methods
- (c) Symptothermic method
- (d) BBT method

Ans: (c) Symptothermic method

(d) BBT method

Q668. Most common method of sterilization practiced in India

- (a) female sterilization
- (b) male sterilization
- (c) both equally common
- (d) none

Ans: (a) female sterilization

Q669. Most common effective family planning method is

- (a) vasectomy
- (b) tubectomy
- (c) copper T
- (d) oral pills

Ans: (a) vasectomy

Q670. Following vasectomy for family planning. A patient should be advised to use some other methods of contraception till

- (a) Removals of all sutures
- (b) Pain completely subside
- (c) two weeks
- (d) 8 weeks

Ans: (d) 8 weeks

Q671. The MTP Act does not allow termination of pregnancy after

- (a) 20 weeks
- (b) 24 weeks
- (c) 28 weeks
- (d) 30 weeks

Ans: (a) 20 weeks

Q672. MTP Act of 1971 provides the following indications except

- (a) where continuation of pregnancy and endangers mother's life
- (b) Where pregnancy is a result of rape
- (c) when acceptors required insensitivity
- (d) Failure of contraceptive device

Ans: (c) when acceptors required insensitivity

Q673. If the distribution of intraocular pressure (IOP) seen in 100 glaucoma patients has an average 30mm with a SD of 1.0, what is

the lower limit of the average IOP that can be expected 95% of times?

- (a) 29
- (b) 26
- (c) 32
- (d) 259

Ans: (a) 29

Q674. Which is the best distribution to study the daily admission of head injury patients in the trauma care centre?

- (a) Normal distribution
- (b) Binomial Distribution
- (c) uniform distribution
- (d) poisson distribution

Ans: (d) poisson distribution

Q675. Maternal mortality rate definition include all except

- (a) death in pregnancy
- (b) death during pregnancy
- (c) death within 6 weeks post delivery
- (d) death within 6 months post delivery

Ans: (d) death within 6 months post delivery

Q676. Maternal mortality ratio is calculated by

- (a) maternal deaths/ live birth
- (b) maternal deaths/ 1000 live birth
- (c) maternal deaths/100000 live birth
- (d)Maternal deaths/100000 populations

Ans: (c) maternal deaths/100000 live birth

Q677. Maternal mortality ratio (MMR) is expressed as

- (a) Per 100,000 live birth
- (b) Per 1000 live birth
- (c) per 10,000 live birth
- (d) Per 1000 populations

Ans: (a) Per 100,000 live birth

Q678. About maternal mortality rate which of the following is true?

- (a) it is a rate not ratio
- (b) numerator includes complications related death up to 42 days after pregnancy
- (c) denominators includes stillbirth and abortions
- (d) Expressed as rate per 1000 live birth

Ans: (a) it is a rate not ratio

Q679. Leading cause of maternal deaths in India is

- (a) anemia
- (b) hemorrhage
- (c) sepsis /abortion
- (d) obstructed labour

Ans: (b) hemorrhage

Q680. The denominator used to calculate literacy rate in Indian population is

- (a) Population aged 18 years or more
- (b) population based 7 years or more
- (c) school going population
- (d) total mid year population

Ans: (b) population based 7 years or more

Q681. Simple random sampling is ideal for

- (a) vaccinated people
- (b) Heterogeneous population
- (c) Homogenous population
- (d) All of the above

Ans: (c) Homogenous population

Q682. Spermicide used in contraceptive TODAY is

- (a) Norethisterone
- (b) 9- Nonoxynol
- (c) Prostaglandin F2
- (d) MPA

Ans: (b) 9- Nonoxynol

Q683. Non medicated intrauterine devices (IUDs) are called as

- (a) Third generation IUDs
- (b) Second generation IUDs
- (c) first generation IUDs
- (d) Murti-load devices

Ans: (c) first generation IUDs

Q684. Cu T 380A IUD Should be replaced once in

- (a) 4 years
- (b) 6 years
- (c) 8 years
- (d) 10 years

Ans: (d) 10 years

Q685. Multiload device refers to?

- (a) first generation IUCD
- (b) second generation IUCD
- (c) Oc
- (d) barrier contraceptive

Ans: (b) second generation IUCD

Q686. In Cu T 200, Number denotes

- (a) weight in microgram
- (b) weight in milligram
- (c) surface area
- (d) volume of device

Ans: (c) surface area

Q687. Which IUCD for 10 years

- (a) Cu-T 200
- (b) Nova T
- (c) Cu-T380
- (d) Multi load 250

Ans: (c) Cu-T380

Q688. IUD Associated most commonly with expulsion is

- (a) Lippes loop
- (b) Cu-T 200
- (c) Cu-T 380
- (d) LNG IUD

Ans: (a) Lippes loop

Q689. Cu T preferably inserted postnatal after

(a) 2 weeks

- (b) 4 weeks
- (c) 5 weeks
- (d) 8 weeks

Ans: (d) 8 weeks

Q690. In research study, first cold our sampled, then sections and finally students. this type of Sampling is known as

- (a) Stratified sampling
- (b) simple random sampling
- (c) cluster sampling
- (d) multistage sampling

Ans: (d) multistage sampling

Q691. Which of the following is not an absolute contraindication of OCP?

- (a) nursing mother
- (b) breast cancer
- (c) cardiac abnormality
- (d) H/O thromboembolism

Ans: (a) nursing mother

Q692. Serious complication of oral contraceptive is

- (a) leg vein thrombosis
- (b) headache
- (c) breakthrough bleeding
- (d) breast tenderness

Ans: (a) leg vein thrombosis

Q693. Mala-N and oral contraceptive pills differs from Mala- D in terms of of

- (a) Norgestrel dosage
- (b) Oestradiol dosage
- (c) Sold under social marketing scheme
- (d) supplied free of cost

Ans: (d) supplied free of cost

Q694. Mini pill is contraceptive of choices for

- (a) elderly females
- (b) lactating females
- (c) obese women
- (d) Menstruating women

Ans: (b) lactating females

Q695. Mini pills contain

- (a) Only progesterone in small quantity
- (b) progesterone and estrogen in small quantities
- (c) estrogen in small quantity and progesterone in large
- (d) none of these

Ans: (a) Only progesterone in small quantity

Q696. Safe period is calculated by

- (a) length of menstrual period
- (b) duration and date of ovulation
- (c) Length of ovulation
- (d) length of luteal phase

Ans: (a) length of menstrual period

Q697. 'Persona' is a method of

(a) natural contraceptive

- (b) hormonal contraceptive
- (c) Barrier contraceptive
- (d) IUCD

Ans: (a) natural contraceptive

Q698. In which year a nationwide family planning programme was launched in India

- (a) 1948
- (b) 1950
- (c) 1952
- (d) 1955

Ans: (c) 1952

Q699. Which of the following method is most suitable for the couple who is already having two children?

- (a) condom and contraceptive pills
- (b) tubectomy
- (c) contraceptive pills and IUDs
- (d) condom and diaphragm

Ans: (b) tubectomy

Q700. In emergency contraception which progesterone is used

- (a) Norethisterone
- (b) Medroxyprogesterone
- (c) Desogestrel
- (d) Levonorgestrel

Ans: (d) Levonorgestrel

Q701. Among causes of maternal mortality, which one of the following is the correct descending order due to which the maternal death occur in India

- (a) hemorrhage, obstructed labour, abortion, sepsis
- (b) obstructed labour, hemorrhage, abortion, sepsis
- (c) Hemorrhage, sepsis, abortion, obstructed labour
- (d) sepsis, obstructed labour, abortion, hemorrhage

Ans: (c) Hemorrhage, sepsis, abortion, obstructed labour

Q702. Which one of the following is categorized as a high risk pregnancy?

- (a) birth order 3
- (b) Maternal height 150 cm
- (c) twins pregnancy
- (d) blood group AB Positive

Ans: (c) twins pregnancy

Q703. Which among the following is the most important immediate care of newborn?

- (a) Resuscitation
- (b) Rooming-in
- (c) breastfeeding
- (d) health assessment

Ans: (a) Resuscitation

Q704. Major cause of perinatal mortality rate

- (a) malnutrition
- (b) congenital anomalies
- (c) birth asphyxia
- (d) both a and b

Ans: (c) birth asphyxia

Q705. For a negatively skewed data mean will be

- (a) Less than median
- (b) more than median
- (c) equal than median
- (d) One

Ans: (a) Less than median

Q706. Leading cause of neonatal mortality in India is

- (a) infections
- (b) birth asphyxia/ trauma
- (c) diarrhoea
- (d) prematurity and congenital malformation

Ans: (d) prematurity and congenital malformation

Q707. Most common cause of infant mortality in India is

- (a) low birth weight
- (b) respiratory disease
- (c) diarrheal disease
- (d) congenital abnormality

Ans: (a) low birth weight

Q708. The highest rate of infant mortality in India is reported from

- (a) Madhya Pradesh
- (b) Bihar
- (c) Uttar Pradesh
- (d) Orissa

Ans: (a) Madhya Pradesh

Q709. Infant mortality rate is defined as number of deaths of infants under age one per

Q853. Incineration is done for

- (a) waste sharps
- (b) human anatomical waste
- (c) radiographic waste
- (d) used batteries

Ans: (b) human anatomical waste

Q854. True about incinerator is

- (a) red bag can be incinerated
- (b) no pretreatment required
- (c) yellow bag must be incinerated
- (d) sharps must not be incinerated

Ans: (b) no pretreatment required

Q855. Animal waste is disposed off by

- (a) autoclaving
- (b) incineration
- (c) chemical treatment
- (d) microwave

Ans: (b) incineration

Q856. Which of the following would be the right method of choice of discarding the blood soaked-dressing removed from a HIV patient?

- (a) Pour 1% hypochlorite on the dressing material and send it for incineration in an appropriate bag
- (b) Pour 5% hypochlorite on the dressing material and send it for incineration in an appropriate bag
- (c) Pour 5% Lysol on the dressing material and send it for incineration in an appropriate bag

(d) Pour 1% Lysol on the dressing material and send it for incineration in an appropriate bag

Ans: (a) Pour 1% hypochlorite on the dressing material and send it for incineration in an appropriate bag

Q857. Incineration is not done for

- (a) cytotoxic drugs
- (b) waste sharp
- (c) human Anatomical waste
- (d) both a and b

Ans: (d) both a and b

Q858. Incineration is

- (a) high temperature reduction process
- (b) high temperature oxidation process
- (c) low temperature reduction process
- (d) low temperature oxidation process

Ans: (b) high temperature oxidation process

Q859. '3-D' means in hospital waste management is

- (a) disinfection, disposal, drainage
- (b) discard, disinfection, drainage
- (c) destruction, deep burial, drainage
- (d) destruction, deep burial, disposal

Ans: (a) disinfection, disposal, drainage

Q860. Which of the following can be incinerated?

- (a) human waste
- (b) radiographic waste
- (c) PVC

(d) pasteurized gas container

Ans: (a) human waste

Q861. Safe disposal of mercury is by

- (a) collect carefully and recycle
- (b) controlled combustion
- (c) Chemical treatment
- (d) deep burial,

Ans: (a) collect carefully and recycle

Q862. Outdated psycho toxic drug are disposed off by

- (a) disposal in Municipal waste
- (b) destruction and dumping in secured landfill
- (c) store for months and then burial
- (d) autoclave

Ans: (b) destruction and dumping in secured landfill

Q863. According to WHO, a child with IQ level between 30-50 falls under which of the following category of mental retardation?

- (a) mild
- (b) moderate
- (c) severe
- (d) Profound

Ans: (b) moderate

Q864. Community mental health services done does not involved

- (a) early diagnosis
- (b) treatment with modern psychoactive drugs
- (c) psychosurgery

(d) referral services

Ans: (c) psychosurgery

Q865. ART stands for?

- (a) antiretroviral therapy
- (b) Antiretroviral treatment
- (c) anti rhesus treatment
- (d) all retroviral therapy

Ans: (a) antiretroviral therapy

Q866. Which of the following is not true about zika disease??

- (a) Causes microcephaly in newborn
- (b) Caused by a virus and spreads sexually
- (c) caused by a bacteria and spreads by contamination
- (d) mosquitoes are the vectors

Ans: (c) caused by a bacteria and spreads by contamination

Q867. Primordial prevention means

- (a) prevention of complications
- (b) prevention of infections
- (c) prevention of emergence of risk factors
- (d) none of the above

Ans: (c) prevention of emergence of risk factors

Q868. The following infection is transmitted by ticks

- (a) Japanese encephalitis
- (b) dengue fever
- (c) Kyasanur forest disease
- (d) yellow fever

Ans: (c) Kyasanur forest disease

Q869. One of the reported side effect of coronavirus vaccination is

- (a) pain
- (b) aphthous ulcers
- (c) Gastritis
- (d) Intussusception

Ans: (d) Intussusception

Q870. Occupational health practice mainly refers to

- (a) pre-employment examination
- (b) periodical examinations
- (c) Maintenance and analysis of health records
- (d) all of the above

Ans: (d) all of the above

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